



ESPAÑA

Arroyabe Anchovies in Olive Oil

These exquisite anchovies, packed in the finest Spanish olive oil, are hand-packed according to traditional methods using carefully selected fresh fish harvested off the Cantabrian Coast in the north of Spain. Anchovies are high in omega-3 and linoleic, both important fatty acids. They are also rich in calcium, iodine, vitamin A, D, B12, B6, and B2. A lot of punch in a small bite!

www.matizespana.com