## ESPAÑA

## **Matiz Gallego Organic Chestnuts**

These sweet, moist, organic chestnuts from ancient groves of trees planted in the Galician region of Northwest Spain are purchased from small producers bringing much needed economic resources to small farmers throughout the region. Chestnuts are highly nutritious, rich in vitamins, proteins, and mineral salts. Cooked and peeled and ready to serve in stuffings, soups, casseroles, salads, and desserts. They are the perfect healthy non-fat snack! www.matizespana.com